

### Group 1

M/F	FIRST NAME	SURNAME	Club	BWT	CLASS	Sn1	Sn2	Sn3	Best	C&J1	C&J2	C&J3	Best	Total	Sinclair	Place
f	Lisa	Curran	CrossFit Derry	53.50	f58	55	60	-65	60	70	75	78	78	138	206.61	1
f	Rachel	Smallwoods	CrossFit Derry	62.90	f63	50	-55	55	55	-70	72	75	75	130	172.94	1
f	Shannon	Drain	St. Gabriels	60.50	f63	45	48	50	50	58	61	63	63	113	154.37	2
f	Chloe	McMorran	Asylum	64.00	f69	44	48	51	51	55	60	-65	60	111	145.99	1
f	Lorna	Daly	L.I.T. Thurles	67.40	f69	40	43	-46	43	53	-57	57	57	100	127.28	2
f	Lorraine	Comwell	CrossFit Derry	71.20	f75	40	-45	45	45	60	-65	65	65	110	135.53	1
f	Gillian	Bradley	Asylum	72.90	f75	35	-40	-40	35	50	-55	55	55	90	109.43	2
f	Sarah	Stevenson	Asylum	88.10	f>75	35	37	-38	37	45	-48	48	48	85	94.40	1
f	Claire	McLarnon	Asylum	90.30	f>75	-55	58	61	61	-74	-74	-74	0	0	0.00	

### Group 2

M/F	FIRST NAME	SURNAME	Club	BWT	CLASS	Sn1	Sn2	Sn3	Best S	C&J1	C&J2	C&J3	Best C	Total	Sinclair	Place
m	Matthew	Quinn	Beechmount	54.70	m56	40	-47	-47	40	50	52	55	55	95	139.78	1
m	Arthur	Quinn	Beechmount	61.40	m62	50	-57	-57	50	60	65	70	70	120	162.27	1
m	Donal	McLaughlin	St. Gabriels	65.10	m69	70	74	78	78	85	90	95	95	173	225.03	1
m	Albert	McLaughlin	St. Gabriels	65.20	m69	64	67	-70	67	80	83	85	85	152	197.52	2
m	Raffi	Yousef	LIT Thurles	68.80	m69	81	84	-86	84	-102	-102	-103	0	0	0.00	
m	James	Small	Asylum	73.80	m77	90	95	100	100	115	120	125	125	225	271.75	1
m	Keith	Russell	Asylum	76.40	m77	75	80	-83	80	100	105	-110	105	185	219.38	2
m	Kieran	Peltier	LIT Thurles	74.20	m77	68	74	78	78	95	98	102	102	180	216.77	3
m	Adam	Burke	LIT Thurles	73.70	m77	55	60	-63	60	77	82	-85	82	142	171.63	4
m	Gerry	Curry	St.Gabriels	71.70	m77	50	54	58	58	60	-65	-65	60	118	144.81	5

### Group 3

M/F	FIRST NAME	SURNAME	Club	BWT	CLASS	Sn1	Sn2	Sn3	Best S	C&J1	C&J2	C&J3	Best C	Total	Sinclair	Place
m	Paddy	Cooper	CrossFit Derry	81.50	m85	70	75	-80	75	105	106	-110	106	181	207.95	1
m	Michael	McKenna	Beechmount	81.90	m85	65	72	75	75	80	90	-95	90	165	189.14	2
m	Brendan	Shaffick	LIT Thurles	81.80	m85	80	-85	-85	80	-100	-104	-105	0	0	0.00	
m	Logan	Baker	LIT Thulres	90.30	m94	125	130	133	133	150	159	-162	159	292	321.16	1
m	Noel	Fitzgibbon	LIT Thurles	89.10	m94	100	105	-110	105	123	128	-132	128	233	257.61	2
m	Brendan	Cooke	Beechmount	88.80	m94	75	-80	-80	75	100	105	-110	105	180	199.28	3
m	Craig	Walters	LIT Thurles	85.60	m94	-75	77	-80	77	85	-90	-91	85	162	182.09	4
m	Aaron	Small	Asylum	108.30	m>105	110	115	120	120	140	145	150	150	270	280.47	1